

# HIGHLANDS GOLF CLUB

 Gluten Friendly **ALL DAY MENU** Vegetarian 

## APPETIZERS

### WINGS 16

Lemon Pepper, Piri Piri, Salt & Pepper, BBQ, Hot, Teriyaki. Served with carrot sticks & ranch dip.

### TEMPURA BEANS 8

Served with chipotle aioli.

### POTATO SKINS 15

Bacon, cheese & green onions. Served with salsa & sour cream.

### GYOZA 14

Chicken & vegetable dumplings, sesame, green onions & ponzu.

### FLATBREAD 15

Chicken, bacon, avocado, tomato sauce, blended cheese.

### POUTINE 14

Choice of butter chicken or braised beef.

### NACHOS 20

Loaded with cheese, jalapenos, pico di gallo & green onions. With salsa & sour cream.

Add:

Guacamole 4 | Chicken 5 | Ground Beef 5

## SALADS

### COBB SALAD 19

Grilled chicken, mixed greens, avocado, hard boiled egg, bacon, tomatoes, & bleu cheese.

Your choice of dressing.

### BEET & SALMON 17/20

Mixed greens, toasted pumpkin seeds, feta, truffle honey dressing.

### HGC HOUSE SALAD 9/13

Mixed greens, cucumber, tomatoes, cranberries & feta with your choice of dressing.

### CAESAR SALAD 11/14

Crispy romaine, parmesan, bacon, croutons.

Add: Salmon 10 | Chicken 7



### TODAY'S SOUP 6/9

*made fresh every morning from scratch....to course....*

### SOUP & SANDWICH 15

\*BACON, LETTUCE, TOMATO

\*GRILLED CHEESE

\*GRILLED HAM & CHEESE

*We do our best to accommodate your dietary concerns, including the substitution of gluten free items. Please note, not all ingredients are listed. Please inform your server of any allergies you may have.*

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# HANDHELDS

*Served with your choice of fries, soup, caesar, or house salad.*

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## REUBEN 18

Montreal smoked meat, Swiss cheese, sauerkraut & dijon mustard on grilled marble rye.

## BEEF DIP 20

Slow roasted Prime Rib, roasted peppers, Swiss cheese, caramelized onions & au jus.

## QUESADILLA 18

Pulled chicken, black beans, jalapenos, roasted red peppers, caramelized onions & blended cheese in a tortilla.

## GRILLED CHICKEN 18

### SANDWICH

Bacon, cheddar, lettuce, tomato & garlic aioli on grilled sourdough bread.

### SIDE SUBS:

onion rings 3 | sweet potato fries 3 | poutine 5

## SMASH BURGER

### CERTIFIED BLACK ANGUS PATTY

*with lettuce, tomato, onion & garlic aioli.*

*Served with your choice of fries, soup, caesar, or house salad.*

*Cowgirl - 4 oz. patty 16*

*Cowboy - 2 x 4 oz. patty 21*

smoked cheddar, bacon & pickle on our homemade brioche bun.

**Add:** Avocado 2 | Mushrooms 2

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## CLUB FAVORITES

### STEAK SANDWICH 25

8oz. CAB New York Strip, sautéed mushrooms, garlic aioli, toasted garlic bread & jus. Served with fries, salad or soup.

### FISH & CHIPS 18/22

Beer battered cod, tartar sauce, coleslaw & crispy fries.

### BUTTER CHICKEN 22

Chef's Specialty! Satin smooth gravy, tandoori spiced chicken, served with basmati rice & naan.

### GINGER BEEF 20

Crispy beef, cabbage, shredded carrots sautéed in our homemade ginger sauce. Served on noodles or rice.

### FETTUCINI ALFREDO 23

Garlic parmesan cream sauce, choice of cajun salmon or grilled chicken breast.